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Adolescent & Youth Health Policy Short Course 2021 INFORMATION SHEET

The Adolescent and Youth Health Policy (AYHP) short course has been developed to support staff of governmental and non-governmental organizations working at national, provincial and district levels implementing the 2017 AYHP Policy and other national policies and initiatives targeting adolescents (e.g. Integrated School Health Policy). This short course is specific to the South African context and therefore includes South African content.

OBJECTIVES

Through improved knowledge about adolescence, key health problems affecting young people and priority evidence-based interventions as well as strengthened programming skills, the purpose of the short course is to build the capacity of those with management responsibilities for the implementation of adolescent focused policies and programmes. The short course is a online course utilizing blended learning methods to facilitate learning and includes a final, mentored assignment to be completed within three weeks of the end of the coursework portion. Upon completion of both components, CPD points and a University of Cape Town certificate of course completion will be issued.

The course is open to the following participants:

- Professionals working in South Africa
- People responsible for **managing** the national policies/strategies, such as the AYHP, ISHP at national, provincial and district levels.
- **Managers** who have “adolescents” in their job description, including those working in/responsible for MCWH & N, CYSH, PHC, NHI; mental health, HIV/STI, and NCDs in education, health and social sectors.
- Senior staff responsible for **designing training programmes** for people implementing adolescent and youth health policies and programmes.
- **Researchers and academics** with an interest in adolescent and youth health and development.

The application deadline is 23 April 2021 – 00:00

The fee for the course is **ZAR4000** covering participation in the course. For those candidates who meet the course criteria a limited number of bursaries are available upon request.

Fees must be paid by 7th May or prior to the course in order to participate.

For any queries please do not hesitate to contact Adol.ShortCourse@hiv-research.org.za

Please read the following information carefully before you begin your application.



REQUIREMENTS

All the following requirements must be met for your application to be considered.

- Residing and working in South Africa
- Degree/diploma from a tertiary institution (a range of disciplines healthcare professionals including nursing, teaching, social work, youth development) **and/or**
 - A minimum of 2 years' experience working in positions that support policies and programmes for adolescent and youth health
- A computer with camera and mic for video conferencing available after standard office hours to partake in group discussions
- A stable internet connection available afterhours to partake in group discussion and complete coursework.

PROCESS

Applying

- Only one application form must be submitted per person.
- Demonstrated motivation to participate and **interest in sharing** the information you will learn at the short-course with your organization/community.
- Submission of a **letter of recommendation** from your line supervisor to partake in the the course, and **to support the completion of an assignment** to be completed within three weeks after the course.
- Completion of the application in full and in **English**.
- Confirmation of receipt of the application form will be provided by email.

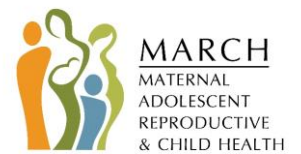
Applicants will be notified of the outcome of their application by Friday 30 April 2021.

SHORT-COURSE PARTICIPATION

- Successful applicants must pay course fees in full prior to participation. If fees are not paid by this date, the participant will forfeit their place which be offered to another applicant.
- Successful applicants are expected to attend the full coursework portion and thereafter are to complete their assignment within three weeks.
- Each applicant will be expected to participate in activities to evaluate the short course for quality and improvement.
- Applicants will be required to have a computer available after working hours with camera and mic and a stable internet connection for video conferencing and coursework completion.
- Successful applicants will be required to attend afterhours sessions and complete tasks assigned for the sessions.



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CORRESPONDENCE

- Correspondence between the course organizers and applicants will be primarily by email. Please ensure you have a valid personal email address that you regularly check.
- The information you provide on this form is strictly confidential and will only be used for the purpose of this application and activities related to it.

SUPPORTING DOCUMENTATION

- Submit a letter of recommendation from your line supervisor to partake in the course, and support to complete an assignment to undertake within three weeks after the coursework is completed. Previous assignments have included initiating a youth advisory panel for an NGO youth programme, using peer navigators to understand barriers of providing health services in schools or develop curriculum for 2-day training for 40 health workers on communicating with adolescents. Some of the assignments may tie into your daily work activities and alternatively some may be in addition your daily work activities. Your line manager should be made aware of this and be prepared to support you through this process.

This letter should meet **ALL** the following requirements:

- Written in English, signed (original or digital signature) and dated by a third person (your line supervisor)
- Bear an official letterhead
- Explicitly support your application and course attendance including support to complete the assignment
- Mention your name
- Submit a motivational letter answering the following questions:
 - Why do you want to attend the Adolescent and Youth Health training programme?
 - Please describe the main areas with which your organization is involved?
 - What are the main tasks you undertake in your current role?

If you do not submit a letter of recommendation and supporting documentation (Motivational letter and Identity Document), your application WILL NOT be considered.

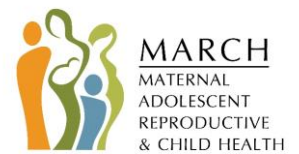
Terms and Conditions

Please note that submission of your application does not guarantee acceptance into the course





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Course Outline:

1. Overview of the course
2. Health situation of young people in South Africa
3. What's special about adolescence?
4. Frameworks for responding to the needs of adolescents
5. Adolescent and Youth Health Policy
6. HIV, STIs and TB
7. Sexual and reproductive health
8. Programme Planning and Monitoring
9. Mental health
10. Substance Abuse
11. Programming in Schools
12. Adolescent partition in programmes
13. Comprehensive sexuality Education
14. Scaling up Health Service Provision
15. Social Protection
16. Intentional and unintentional injuries (including sexual violence, GBV) programmes
17. Parenting programmes
18. Nutrition
19. Advocacy
20. Synthesis of course
21. Outbreak, Epidemic and Pandemic – How to adapt when the unexpected occurs
22. Evaluation
23. Post Coursework Assignment

Course Pass requirements:

1. 80% Attendance of live sessions
2. Satisfactory completion of session related tasks
3. Satisfactory completion of the final post course work assignment

