



**PrEP is a new way to protect yourself from HIV. Taken every day, it helps you stay HIV free.**



## 5 FACTS ABOUT PREP:



**1. PrEP is a new pill you take once a day to prevent HIV. If you have sex with someone and there is enough PrEP in your blood, it will stop HIV from spreading.**



**2. PrEP works best if you take it every day.**



**3. PrEP doesn't protect against other STIs or pregnancy.**



**4. PrEP is private - you don't need to tell anyone you're using it, if you don't want to...**



**5. PrEP is safe - a few people may experience mild side effects, which go away after a couple weeks.**

**DTHF IS LOOKING FOR YOUNG WOMEN AGE 16-25 THAT WANT TO BE PART OF THE GENERATION TO END HIV.**

**TO FIND OUT IF PREP IS RIGHT FOR YOU, PHONE THABISA (078 533 8113) OR FUZEKA (078 215 9279) OR VISIT THE DTHF YOUTH CENTRE.**

*Spread the word, not the virus.*



DESMOND TUTU  
HIV FOUNDATION

*Youth Centre*